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 Principal ● Zlatko Pear

Inspirational.

Issue 2: 19th February 2016

Calendar

February

26 P-6 Swimming Sports

March

2 School Council Nominations close

4 Parents Club Meeting 9am

9 Yr3/4 Howman's Gap

9 Yr 7 Immunisations

16 School Council Meeting 5.30pm

21 Yr 5/6 Bright Chalet Camp

24 End Of Term 1

2.30pm dismissal

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A few words from the Principal...Zlatko Pear

Student Attendance – Every Day Counts

Now that the school year is in full swing it is a good time to remind ourselves of the importance of regular school attendance. Research shows that 'going to school every day is the single most important part of a child's education'. Attending school every day enables students to maximise their full educational potential and to actively participate and engage in their learning. Students who are regularly absent from school are at risk of missing out on fundamental aspects of their educational and social development.

Ensuring that students attend school each day is the shared responsibility of all parents/caregivers, students and the College. The College has a responsibility to provide an environment where students are safe and feel a sense of belonging and we will continue to work hard to ensure that classes are engaging and cater to every child's individual needs.

Parents/Caregivers are responsible for getting their children to and from school. Students are expected to attend school on time, every day unless the school receives a valid reason for being late or absent eg illness. Students who are late to school for any reason must sign in at the general office before attending class. If your child is absent for any reason we ask that you inform the office on the morning of the absence or earlier. We look forward to your continued support in improving student learning through consistent school attendance.

New Staff Member

We are pleased to welcome Rosa D'Angelo to the Myrtleford P12 College community. Rosa will be teaching Prep – Year 6 Italian. Rosa started at the College last week and has settled in well. She comes to us with a wealth of experience and we look forward to working with her as she introduces students to Italian.

Japan Trip

We have 17 very excited students who are heading off to Japan tonight. They fly out of Melbourne just after midnight and will spend the next week skiing and exploring Japan. We wish them a safe and enjoyable journey and look forward to regular updates via the 'Skoolbag App'.

2016 Leadership Structure

We have made some adjustments to the College leadership structure for 2016. The Leadership Team of the College will comprise of the three Leading Teachers, the Assistant Principal and the Principal. The leadership structure at the College is outlined in the table on the next page of the newsletter. If you have any questions or concerns regarding any aspect of your child's education please contact the College and ask to speak to the relevant person from the leadership list.

More news from the Principal follows over the page...

More from the Principal...

COLLEGE LEADERSHIP	
Principal – Zlatko Pear	
Assistant Principal – Barry Holden	
Leading Teacher (Daily Organiser/Data/Accountability) – Deb McKinnon	
Prep to Year 6 Team	
Leading Teacher (Team Leader)	Adam Lindsay
Team Assistant	Marissa Connors
Team Assistant	Nikki Antonello
Team Assistant	Philippa Cartwright
Year 7 to Year 12 Team	
Leading Teacher (Team Leader)	Jenni Gardner
Team Assistant	Amanda Nyhan
Team Assistant	Jo Milford
Applied Learning Coordinator	Mick Dwyer

COLLEGE COUNCIL NOTICE OF ELECTION AND CALL FOR NOMINATIONS

The College Council elections for members of the Myrtleford P12 College will take place over the next few weeks. Detailed information for parents is included in this newsletter.

The College would like to thank Susan Crisp, Romina McEwan, Jo McIntyre and Wendy Watson (staff Representative) for their input and commitment during the past two years as representatives on College Council. All outgoing representatives are eligible to nominate for another term.

This means that there are three parent vacancies for this term. Nomination forms will be available at the general office of the school from next Wednesday 24th February and must be lodged by 4 pm on **Wednesday 2nd March, 2015**. If there are more nominations than vacancies an election will be held.

School Council meets at 5.30pm on the following dates:

Meeting number	DATE	Week
TERM ONE		
1	Wednesday 17 th Feb	4
2	Wednesday 16 th Mar	8
TERM TWO		
3	Wednesday 27 th April	3
4	Wednesday 8 th June	9
TERM THREE		
5	Wednesday 27 th July	3
6	Wednesday 7 th Sept	8
TERM FOUR		
7	Wednesday 12 th Oct	2
8	Wednesday 16 th Nov	7
9	December meeting - Day & Venue TBC	10

If you have any questions regarding council representation please contact me at the College.

.....Zlatko Pear

COLLEGE ANNOUNCEMENTS

2016 School Council Elections - Information for Parents

What is a school council and what does it do?

All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council?

There are three possible categories of membership:

- **A Mandated Elected Parent Category.** More than one third of the total members must be from this category. Department of Education and Early Childhood Development (DEECD) employees can be Parent members at their child's school as long as they are not employed at the school.
- **A Mandated Elected DEECD Employee Category.** Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- **An Optional Community Member Category.** Its members are appointed by a decision of the council because of their special skills, interests or experiences. DEECD employees are not eligible to be Community members.

The term of office for all members is two years. Half the members must retire each year, creating vacancies for the annual school council elections.

Why is Parent membership so important?

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?

The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. In view of this, you might seriously consider standing for election as a member of the school council or encouraging another person to stand for election.

Do I need special experience to be on school council?

No. What you do need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

What do you need to do to stand for election?

The Principal will issue a notice and call for nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March.

If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent Category.

DEECD employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council where their child is enrolled.

Once the nomination form is completed, return it to the Principal within the time stated on the notice of election. If there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

Remember

- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections.
- Contact the Principal for further information.

BARWIDGEE	
VICTORIOUS IN THE 2016 HOUSE SWIMMING SPORTS	
BARWIDGEE	1,569
BUFFALO	1,148
OVENS	942

The College Annual Senior Swimming Carnival was held on Wednesday at the local pool. The College would like to thank all the students that participated in some way or another, whether that was swimming or helping out with tasks on the day. It was great to see so many students participating and encouraging each other. A big congratulations to Barwidgee for overall honours with 1,569 points.

- 2016 Age Champions**
- 13 Year**
Isis DeBortloi
Joshua Sinnett
- 14 Year**
Grace McGurgan
Charlie Crisp
- 15 Year**
Danica McKinnon
Will Quirk
- 16 Year**
Georgia Milford
Azia Feltrin
- 17 Year**
Lucy Anderson
Dillon Stiff
- 20 Year**
Chloe Sinnett
Rhys Grant



A Great effort from the Age Champions as listed above. The staff had many students to chose from for the Encouragement Award and we managed to cut it down to three particular students who gave it their best effort all day. These students are Lydia Rendek , Grace Belpitt and Ashley O'Brien. Well done guys, super effort!
Mr Clint Slotegraaf
Sports Co-ordinator



The College wishes to thank all staff and students for their untiring efforts throughout the day to help make the Swimming Carnival such a success for the 52nd Annual House Swimming Sports 2016. The College appreciates the support of parents and the Myrtleford Swimming Club. Thanks also to the staff from the Myrtleford Pool for their assistance in setting up all the equipment.

Prep A/H.....



Sam



Zack



Isabelle



Deegan



Connor

We are ARTISTS
In art, Prep A/H used their thumb print on a class picture as a symbol of their commitment to be their best. Lots of colour and enthusiasm!



Shane



Easton



Samuel



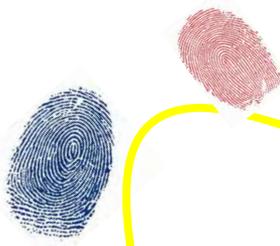
Madi



Hudson



Amelia



Prep L

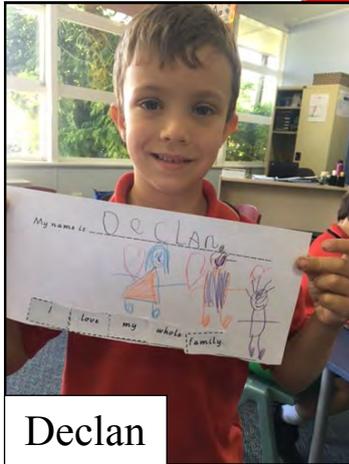
We are excited to be learning to read. Mrs Harding listens to us. We are very clever!



Blake



Sahra



Declan



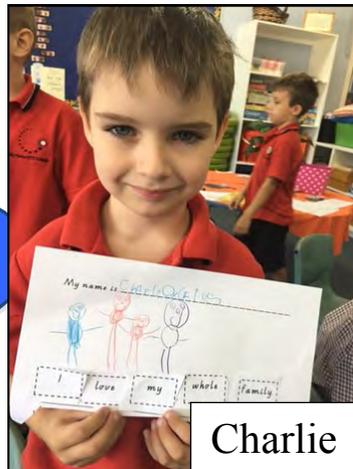
Seth



Daisy



Tex



Charlie



Lilly



Sienna



Sahra



COLLEGE ANNOUNCEMENTS

PLEASE NOTE: The College has had a confirmed case of **Whooping Cough** in the Junior School Unit.

For further information on Whooping cough please refer to the fact sheet that can be viewed at the following link.

http://www.rch.org.au/kidsinfo/fact_sheets/Whooping_cough/

Some On-Line resources.....

AUSTRALIAN MATHS TRUST is pleased to announce an exceptional eBook on PROBLEM-SOLVING STRATEGIES.

"8 Tips to Conquer any Problem" is written by a distinguished educator and is a must for every middle school student, educator and parent. Available now in the Amazon Kindle store

http://www.amazon.com.au/s?_encoding=UTF8&field-author=James%20Tanton&search-alias=digital-text

E-Safety for parents

Below are some great links to an Australian Government Site: Office of the Children's e-safety commissioner for parents to stay informed about e-safety.

E-Safety for Parents—Basics

Grappling with the day to day workings of your child's online world? Not sure what the basics are, how to use parental controls or how hashtags work? Our experts give you the rundown on everything you need to know.

#learnthebasics #knowyourstuff #keepingupwiththekids

<https://www.esafety.gov.au/education-resources/parent-resources/esafety-for-parents-basics>

E-Safety for Parents– Too Much Time On-Line

Trying to drag your children away from online games, apps, YouTube videos or social networking? Want to know what is normal and when they are spending too much time online?

Child development experts, including psychologist Dr Helen Street, answer questions about how much time children should spend online.

<https://www.esafety.gov.au/education-resources/parent-resources/esafety-for-parents-too-much-time-online>

E-Safety for Parents– Inappropriate Content

Wondering how you can protect your children from online content that could be harmful to them?

Answers to the top questions parents have about how to protect children from harmful online content, including pornography, self-harm sites and violent videos and games.

<https://www.esafety.gov.au/education-resources/parent-resources/esafety-for-parents-inappropriate-content>

E-Safety for Parents— Parental controls

It can seem daunting, trying to keep up with technology and online social platforms. Fortunately tools are available to help parents keep their children safe when they're online.

<https://www.esafety.gov.au/education-resources/parent-resources/parental-controls>

Other College Announcements



If you're interested in leading positive change within our school and developing your leadership skills then you should join our 7-12 leadership team. The leadership team meets every fortnight and discusses fundraising, excursions, events and any issues raised by members. If you are interested in joining our team please speak to our College Captains and Vice Captains.

Captains: Chloe Sinnett and Sam Forbes
Vice Captains: Rochelle Jupp, Lucy Anderson and Tom Scott

HOW MANY THREE-DIGIT NUMBERS ARE THERE IN WHICH ONE OF THE DIGITS IS THE SUM OF THE OTHER TWO?
 A new block of flats is being built and Trudy is buying the letterbox numbers. The letterboxes are to be labelled from 190 to 212. How many zeros will she need to buy?

In this multiplication, L, M and N are different digits. What is the value of $L + M + N$?

$$\begin{array}{r} L L M \\ \times \quad M \\ \hline N M 5 M \end{array}$$

 (A) 13 (B) 15 (C) 16 (D) 17 (E) 20

DO YOU LIKE MATHS?
 I have a 87c note and an ice-cream costs \$2.23. What is the greatest number of ice-creams I can buy?
 (A) 3 (B) 4 (C) 5 (D) 6 (E) 7

Six different whole numbers, chosen from the numbers from 1 to 100, add up to 100. What is the greatest possible value of the largest of these numbers?

Pythagoras' theorem

$$a^2 + b^2 = c^2$$

parabola

Algebra is the language through which we describe mathematics.
 A tessellation is created when a shape is repeated over and over again covering a plane without any gaps or overlaps.

TIME DISTANCE SPEED

maths can take you anywhere

TEST YOURSELF

Australian Mathematics Competition

Thursday 28 July 2016

Australian Mathematics Trust
 www.amt.edu.au

DO YOU HAVE RHYTHM? THERE ARE VACANCIES FOR SCHOOL-SUBSIDISED DRUM LESSONS

Wednesday mornings for all year levels.

A drum kit is not an immediate requirement but would normally become necessary after about six months. Assistance and advice regarding this is available. Prospective participants need to be genuinely interested and prepared to do the work!
 Contact Lorne Campbell

SCHOOL BANKING has begun for 2016
 Every Tuesday.
 Contact the office for further information

FRIENDS OF LACLUTA—LETTER OF THANKS

10th Feb 2016

Dear Students and Staff,

I, and all of the Friends of Lacluta (Timor Leste), would like to thank each of you who donated school items at the end of last year. Each year you are more generous and our collection grows. Not only did we receive usable books and pencils you had not used up but many new items as well. All are very welcome.

These goods have been sorted, packed and delivered to Rotary in Melbourne to be sent in a shipping container to Dili, the capital of TL. They are already on the way and we hope to collect them when we arrive on 13th April.

When we return in May we will have photos for you showing goods being distributed to the teachers and students in Lacluta.
 Thanks to all of you again.
 Barbara Broz

View this newsletter in colour on the Skoolbag App
 Enjoy notifications and reminders with the App!
 Available free on both Android and Apple devices.

Also available on the school website or it can be emailed to you. Just notify the school to request this.

PARENTS CLUB NEWS

TERM 1 ACTIVITIES

Great to see new and returning faces at our first meeting of the year to plan Parents Club activities for Term 1. These include making popcorn at the swimming sports days and handing out free icy poles to all students and staff for a fun event. Other activities this term will be the bulbs fundraiser, book club, Tuesday bingo, school banking and the Big Walk (Easter Saturday).

**Next meeting:
Friday 4th March
9am in the
staffroom**

GET INVOLVED

Our next meeting is **9am Friday 4 March in the staffroom**, then a fete planning meeting 9am Thursday 17 March at Café Fez to resurrect a school fair. If meetings aren't your thing but you're eager to help, we have a growing mailing list of volunteers for occasional help. Remember: Parents Club activities raise funds that directly benefit all students by subsidising camps, excursions and events. We're aiming for all families to be involved in some way, either by helping at an event, selling raffle tickets, buying a fund drive or book club item, donating goods or whatever you can do to help - thank you!

BIG WALK

Do you get tempted by too much chocolate at Easter? Overcome the guilt by doing the Big Walk on Saturday 26 March. This is a beautiful 11km hike up Mount Buffalo along a marked track. Parents Club supports walkers along the route with water, fruit, soup and a BBQ lunch, as well as provide a shuttle bus to bring walkers back down the mountain. We need volunteers before and during the event to help marshal walkers, prepare food, publicity and more. The Big Walk is a major fundraiser for the school so please spread the word that it's on and get involved.



**The Big Walk is 11.3km from Eurobin Creek Picnic Area to the Chalet
4-5 hours walking (one way) with return bus provided
Walk starts 9-10am at Eurobin Creek Picnic Area at base of Mt Buffalo
Hydration & fruit stations along walk plus soup & BBQ lunch at the top
\$15 Adult or \$25 Family
Supporting Myrtleford P12 College Parents Club
Info & Registration 0438 403 068 or Facebook.com/The Big Walk**

ASANTI DANCE & DRUMMING

At the end of 2015, Parents Club funded an amazing incursion of Ghanaian performers. They offered dance and drumming workshops to students in Prep through to Year 8, and finished the day with an awe inspiring performance. Thank you to Ms Hanover for coordinating the logistics for this memorable experience.





BINGO at the Railway Hotel
Tuesdays at 1pm

Come along and join the fun at our regular Parents Club fundraiser. Donations for raffle prizes, no matter how small are always appreciated and can be left at the front office.



CONTACTING PARENTS CLUB

Claire 0439 488 378 or Bernadette 0438 403 068
or leave a message at the Front Office

Health Corner with Adolescent Health Nurse Rosemary Bunge

Only Year 7s to receive vaccinations in 2016

Parents of older children may be aware that in previous years vaccinations were given to students in Years 7 to 10. However, the vaccine program for secondary students has been simplified this year so that all vaccines will only be offered to Year 7 students. This includes:

- Diphtheria, tetanus and pertussis combined vaccine (dTp) – one dose
- Human Papillomavirus (HPV) vaccine – three doses
- Varicella (chicken pox) vaccine – one dose

Parents of Year 7 students should look out for the vaccine consent card booklet coming home from school with your child. You need to read, complete and return Part A regardless of whether your child is being vaccinated at school.

The Alpine Shire immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide parent/guardian contact details to local councils for this purpose. Contact the school on 57551174 by 29 February 2016 if you do not want your contact details given to The Alpine Shire service.

To learn more about the Secondary School Vaccine Program, the vaccines, the diseases they protect against, or how you can prepare your child for vaccination, go to www.immunehero.health.vic.gov.au

Quote of the week: **Worrying does not empty tomorrow of its troubles..... It empties today of its strength.**

HOMEWORK AND ASSIGNMENT DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP A/H			
		10mins homework reading each night and practise M100W words	NAN
PREP L			
		10mins homework reading each night and practise M100W words	LLI
YEAR 1W			
		10mins homework reading each night and practise M100W words	WWA
YEAR 2OD			
		15mins reading each night and signed in diary. Practise M100W sight words every night	KOD
YEAR 2L			
		15mins reading each night and continue learning M100W words	KLO
YEAR 3 C			
		15mins reading nightly. Spelling and Maths worksheet due Fridays.	MCO
YEAR 4MCK			
YEAR 5			
YEAR 6			
Ongoing every week		Read 15minutes each night and record in student diary Complete English Sheet and Maths Sheet Complete Spelling Sheet with Word Sorts	ALI
YEAR 7			
Tuesday 23rd Feb Tuesday 1st March	Maths	Unfinished Class work is to be completed for Homework - students are responsible for writing this in their diary when necessary Maths Mates Sheet 4 Due Maths Mate Sheet 5 Due	CPE
YEAR 8			
Thursday 18th Feb	Maths	Maths Mate 3 Due	ABA
YEAR 9			
Tuesday 23rd Feb Tuesday 1st March	Maths	Maths Mate Sheet 3 Due Test on Chapter 1 Maths Mate Sheet 4 Due	NBR
YEAR 10			
MYCAL			
VCAL			
YEAR 11			
Tuesday 23rd	Psychology	Chapter 3 Workbook activities Due	NBR
Every Monday	Chemistry	Worksheets Due	DPE
Every Tuesday	Physics	Worksheets Due	DPE
YEAR 12			
Tuesday 23rd Feb	Psychology	Multiple Choice questions on the brain Due	NBR

Come and Try Hookin2 Hockey



Beechworth and District Hockey Club is a fun, friendly, welcoming and inclusive club for all ages and abilities, come and join us!

Where: Beechworth Primary School.
When: Wednesday 24th February for 6 weeks.
No need to register just turn up.
Contact Heather 0419258848 for more details.



Are you 13, 14 or 15 this year?

Want to learn something different? Be part of Australia's Leading Youth Development Organisation ?

Then come along and find out about the Army Cadets.

When: Thurs, 25 February 2016 7.00PM

Where?: Army Barracks, Sisely Avenue, Wangaratta.
Or phone Liz Rouse on 0438 573 357

SPORT IN THE COMMUNITY



Tuesday
23rd Feb
And
Tuesday 1st
March

TABLE TENNIS

Myrtleford Savoy Table Tennis Association Inc.

“Come and Try” nights

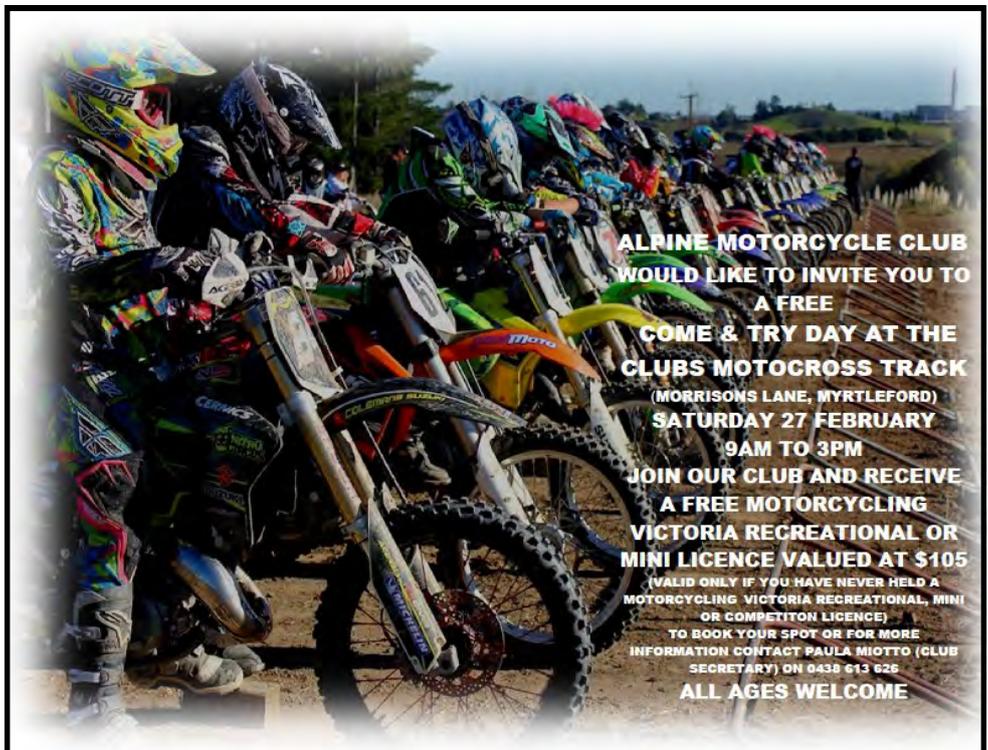
Anyone interested in having a go at table tennis is welcome to attend “come and try/grading” sessions that will be held in improved facilities at Club Savoy on Tuesday, February 23rd and Tuesday, March 1st from 7pm - 9pm.

“Come and Try” nights are free of charge and all equipment including bats and balls will be supplied. No prior experience is necessary and current players will be on hand to explain the rules to anyone new to the game.

An Autumn Competition will be organised and is scheduled to commence on Tuesday March 8th at 7:00pm.

Anyone wanting more information can contact John on 57521775, Andrew on 57522937, or Mike on 57522282.

Come and Try Day
Saturday 27th Feb



**ALPINE MOTORCYCLE CLUB
WOULD LIKE TO INVITE YOU TO
A FREE
COME & TRY DAY AT THE
CLUBS MOTOCROSS TRACK
(MORRISONS LANE, MYRTLEFORD)
SATURDAY 27 FEBRUARY
9AM TO 3PM
JOIN OUR CLUB AND RECEIVE
A FREE MOTORCYCLING
VICTORIA RECREATIONAL OR
MINI LICENCE VALUED AT \$105
(VALID ONLY IF YOU HAVE NEVER HELD A
MOTORCYCLING VICTORIA RECREATIONAL, MINI
OR COMPETITION LICENCE)
TO BOOK YOUR SPOT OR FOR MORE
INFORMATION CONTACT PAULA MIOTTO (CLUB
SECRETARY) ON 0438 613 626
ALL AGES WELCOME**



**MYRTLEFORD
Netball Club**

**ANNUAL GENERAL MEETING
& SPECIAL GENERAL MEETING**
For Junior & Senior Competition
Wednesday, March 2, 2016
7pm @ Club Savoy Meeting
Room
Constitutional changes to be made
Season competition planning on agenda.
Senior and Junior attendance is crucial to
ensure competitions continue.
ALL WELCOME!



**MYRTLEFORD
LAWN TENNIS CLUB**

EASTER TENNIS TOURNAMENT

Junior entries are still open but filling quickly for the Annual Easter Tournament held at the hard courts at McNamara Reserve over Easter.
Begins on Friday 25th March
Anybody can enter, you do not need to be a member. Join other junior players from around the state for a weekend of tennis fun.
Entries can be submitted on line or by post.
Further information and entry forms available on the Club website
www.myrtlefordtennis.com.au



MORE SPORT IN THE COMMUNITY



HIGHLAND DANCING CLASSES IN WANGARATTA
When: Mondays
Where: Girl Guide Hall, Ryan Avenue, Wnagaratta
Time: 4.30-5.30pm
Cost: \$7.50
Contact: Suzanne 0408 005 584

MYRTLEFORD LEARN TO SWIM LESSONS
Every Thursday night during Term 1 @ 4pm
 All ages and abilities catered for.
 Contact Myrtleford Pool for applications or contact Lois on 0427 501 084 for further information.



KARATE LESSONS AT MYRTLEFORD P-12 COLLEGE

Sansho Kan System Karate Do, as taught to us by Kancho Nick Habenschuss. Dojos in Albury/Wodonga and Myrtleford.

As a progressive martial arts system, we strive to stick to fundamental traditional principles of karate, while adapting to the requirements of modern self defence.



We have classes to suit everyone from the age of 5 up.



First lesson is free then \$7 per lesson.
Friday nights 5pm
Myrtleford P-12 College Multi - Purpose Room



FUN, MIXED, SOCIAL, INDOOR VOLLEYBALL COMPETITION. PLAYED ON A WEDNESDAY NIGHT FROM MAY TO SEPTEMBER.

MYRTLEFORD AND DISTRICT VOLLEYBALL ASSOCIATION INC
 2016 COMPETITION
 AGM, SOCIAL HIT AND REGISTRATION NIGHT
WEDNESDAY 13TH APRIL 7PM

At the Myrtleford indoor sports Stadium, O'Donnell Ave Myrtleford. At least 1 player from all teams must attend.
 ONE night only, so please come along to register.
 Contact Elisha for more information or to register if you can't make it on the night
 Phone - 0409507042 Email - rehazeldine@gmail.com

New, old, beginner or experienced players, everyone is welcome to join us and play in our fun, social winter volleyball competition.
 Register as a team (3 men/3 women) or individually and we will find you a team.



LIVE MUSIC MARCH LONG WEEKEND
Sunday
13 March 2016

ADAM LINDSAY
1.00pm—4.00pm

See you there!
Wine & food available

213 Great Alpine Rd, Myrtleford
 Ph: (03) 5751 1990
 E - sales@micheliniwines.com.au

Positive Parenting Telephone Service
This Program is offered to parents, grandparents & carers of children aged 2 – 10 years

Our ten week program aims to assist you to:

- *Develop a stronger and more positive relationship with your child/children
- *Manage everyday behaviour problems
- *Set rules & limits
- *Teach new skills
- *Developing behaviour strategies



Through our service you will receive a workbook and weekly phone calls with a parent educator. All of this can be done from the comfort of your own home at a time that suits you.

Interested?
 For more information or to enrol phone **FRECALL 1800 880 660**

ENROLMENTS TAKEN ALL YEAR ROUND

Start now and make a positive start last a lifetime

This service is funded by Department of Human Services Victoria



IN THE COMMUNITY...

the maker's market

BEECHWORTH HANDMADE MARKET
DESIGNERS AND ARTISTS FROM NORTH EAST VICTORIA

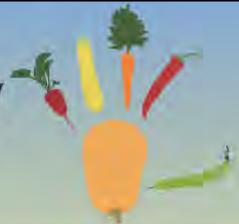
SATURDAY
MARCH
5TH
9AM-2PM



ROSE WEDLER
ORIGAMI
THE PAPERED TREE
WINDINGROAD STUDIOS
WALL ART
PRINTSONSTONE
GABBY RESIN JEWELLERY
BELINDA FRASER
STATIONERY
THE WORKROOM

7 CHURCH STREET OLD STONE HALL ART SPACE + VENUE
www.facebook.com/oldstonehall

**Myrtleford
Community
Garden**



You're Invited to join the
Myrtleford Community Garden Group
At the new location

Lawrence St, Myrtleford (Below the Hospital)
on Saturday, 27th February at 2pm

Find out how you can be involved in this
new and exciting Community Initiative

Everyone is Welcome

Guest Speaker: Peter Sacco "Cultivating Community"
Share your ideas
Free samples: Seeds and potted tubestock
Quench your thirst with home made cordial



Myrtleford
Community
Garden



Find us on
Facebook



ALPINE
HEALTH

<https://www.facebook.com/MyrtlefordCommunityGarden>




TUNING IN TO TEENS

Emotionally Intelligent
Adolescent Parenting
Myrtleford—Term 1, 2016



Myrtleford
Thursday evenings 5 sessions
10th March—7th April

Time:
6:30pm - 8:30pm

Venue:
Gateway Health
Church building
32 Smith Street
Myrtleford

Cost: **FREE**

Register: **Bookings Essential**
02 6022 8888 (Gateway Health)

A five week program
for parents / carers of
adolescents.

The five sessions will cover:

- Adolescent development
- Adolescent emotional changes
- Emotion tuning
- Emotion coaching
- Parenting strategies
- Problem solving




TUNING IN TO KIDS

Emotionally Intelligent Parenting
Myrtleford—Term 1, 2016



Myrtleford
Wednesday evenings 5 sessions
24th February - 23rd March

Time:
6:30pm - 8:30pm

Venue:
Gateway Health
Church building
32 Smith Street
Myrtleford

Cost: **FREE**

Register: **Bookings Essential**
02 6022 8888 (Gateway Health)

- A program for parents/carers of children aged 2–8yrs that helps you tune into your children's emotions and manage their behaviour.
- Learn about 'emotion coaching' – helping children to understand and regulate their emotions.
- Helps you to respond to your children's individual needs in ways that suit the child and the family.

POSITIVE BEHAVIOUR SUPPORT WORKSHOP

Aspect Positive
Behaviour Support



Positive Behaviour Support Workshop

For Parents and Carers of Children and Young Adults with Autism

Eligibility to participate in this workshop:

- Parents or carers of children and young adults aged 6 - 25 years, who are living at home and diagnosed with Autism
- Participating families are encouraged to invite professionals or service providers working with them to attend the workshop

- When:** Monday, 29 February 2016 – Wednesday, 2 March 2016
- Where:** Benalla All Blacks Football & Netball Club, Ackerly Ave., Benalla, Vic 3672
- Time:** 9:30am-2:30pm (9:15am for registration)
- Cost:** FREE (Tea, coffee & biscuits provided ~ participants to bring own lunch)
- Registration:** Register via the "Events & Workshops" section of our website www.autismspectrum.org.au

Families participating in this workshop will:

- Develop an understanding of autism and how autism impacts upon learning and behaviour
- Learn how to be proactive by creating an autism friendly environment at home
- Learn how to write an autism specific behaviour support plan for one of their child's behaviours
- Learn how to write a plan to respond confidently when challenging behaviour occurs
- Learn how to teach new skills to promote their child's independence and quality of life

More than 2000 families have participated in Aspect's highly successful, contemporary, evidence-based, three (3) day Autism specific Positive Behaviour Support workshops.

"I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child's, my own and my family's quality of life. Great workshop – I will highly recommend it to others."

"Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on."

"Best information session on Autism I have been to. Thank you so much."

Enquiries:

Please contact the Aspect Positive Behaviour Support Team on Ph: 03 9377 6600 or Email: aspectvic@autismspectrum.org.au

Autism Spectrum Australia (Aspect) ABN 12 000 637 267

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W www.autismspectrum.org.au E aspectvic@autismspectrum.org.au P (03) 9377 6600

Aspect has been funded by the Department of Human Services to provide a state wide Positive Behaviour Support Program in Victoria



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